



College of Nursing
All India Institute of Medical Sciences

(A Statutory body under aegis of Ministry of Health and Family Welfare, Govt. of India)
Sijua, Dumuduma- Post, Bhubaneswar (Odisha) -751019

Report on Workshop -
“Compassion Fatigue”



COLLEGE OF NURSING

**ALL INDIA INSTITUTE OF MEDICAL SCIENCES
BHUBANESWAR, ODISHA**

**WORKSHOP
ON**

“COMPASSION FATIGUE”

28th March 2024



**ORGANIZED BY
COLLEGE OF NURSING, AIIMS BBSR**

Introduction

One-day workshop on "Compassion Fatigue" was conducted at College of Nursing, AIIMS Bhubaneswar by Faculty and MSc students of CON for the Nursing Officers, on 28th March 2024. This event welcomed nurses working in various departments, including medical/surgical wards, casualty, and different ICUs. The workshop was inaugurated by the esteemed presence of Executive Director of AIIMS Bhubaneswar, Dr. Ashutosh Biswas, Dr (Prof) Dilip Kumar Parida Medical superintendent, Dr. (Prof) Prashanth Rahabh Mohapatra, Dean academics, Dr Debapriyo Registrar in charge, Dr Prof Asha P Shetty Principal CON, Dr. Hepsi Bai J, Faculty Coordinator.



The workshop sessions covered topics such as Compassion Fatigue as a Component of Professional Quality of Life, Jeopardy and Roots of Compassion Fatigue, its Spectrum, Management, and Prevention Strategies. Activities throughout the day included insightful role-plays and engaging scenarios, such as "The Emotional Wheel" and other scenario-based activities. These interactive elements aimed to provide practical insights into recognizing and addressing compassion fatigue within the healthcare profession. A role play was performed by the MSc(N) 2nd year students related to the theme.



Around 45 Nursing Officers actively participated in the workshop and gained insight on the theme.



There was an increase in the knowledge score among the delegates after the workshop. The participants gave positive feedback related to the topic chosen, need based and requested conduct such kind of workshop in future. Dr. Mariamma V George, Associate Professor, CON distributed the certificates for the delegates and congratulated the delegates and the students. At 4: 30 pm the workshop came to an end.

